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YOU MAY NOT UNDERGO BOTOX IF YOU:

Are pregnant or lactating / Have an active infection or breakout in treatment area
Have a history of myasthenia gravis or any other neuromuscular disorder

PRE

You should be in good overall health, with no redness, irritation, infection, rash or infection to the treatment area / If you are prone to cold sores, we recommend taking a prophylactic 72 hrs beforehand to prevent an outbreak / We recommend treating a minimum of *two weeks before an event*, to ensure all redness, bruising and swelling has subsided.

AVOID Aspirin, Motrin, alcohol, vitamin A, vitamin C, vitamin E, Gingko Biloba, St Johns Wort, or any *non steroidal anti-inflammatories 72 hours pre + post treatment*. These agents may increase bruising and bleeding at the injection site.

POST

AVOID vigorous exercise for 24 hours post treatment

AVOID laying down flat for 4 hours post treatment

Cold compresses may be used immediately after treatment to reduce redness, do not apply ice directly to the skin.

AVOID laser treatments and chemical peels to the treated area for *two weeks post BOTOX*

Redness and bruising is normal and can occur in the treatment area up to *two weeks* post treatment.

CONSULT the office as soon as possible if you have any questions or concerns post treatment.
Return to the office 2 weeks post for follow up photos and complimentary touch up treatment if determined appropriate