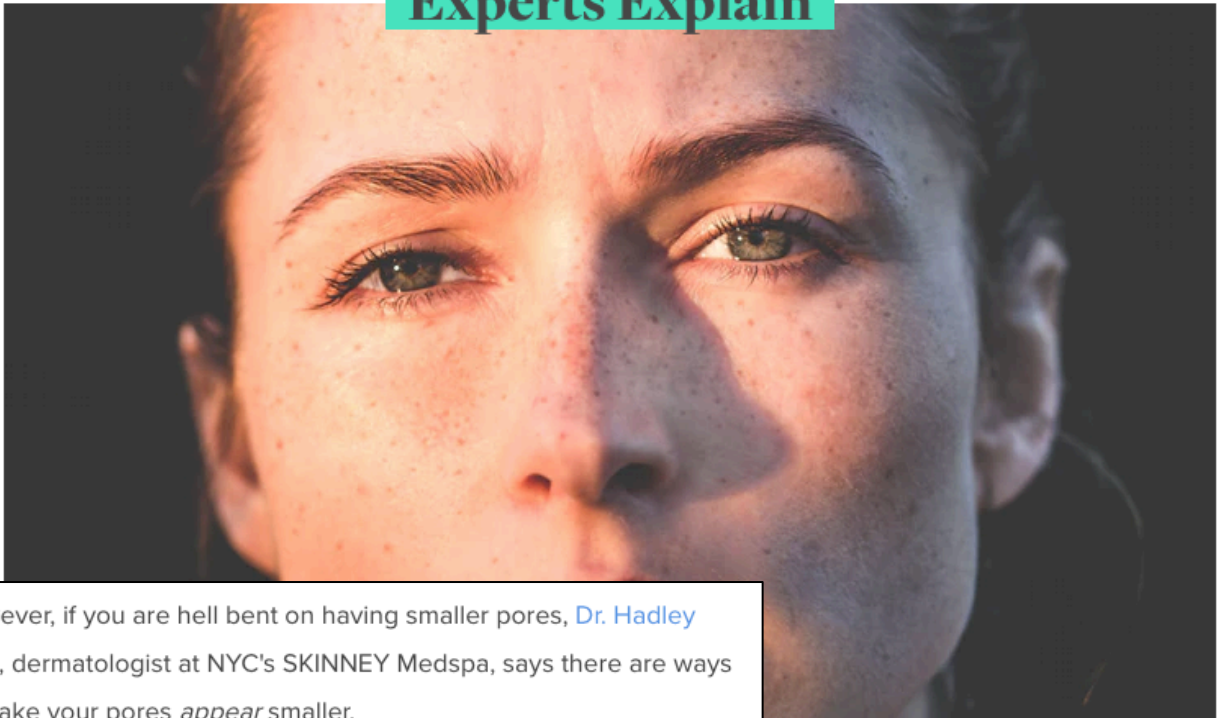


# BUSTLE

## Is Making Your Pores Smaller Healthy? The Experts Explain



However, if you are hell bent on having smaller pores, [Dr. Hadley King](#), dermatologist at NYC's SKINNEY Medspa, says there are ways to make your pores *appear* smaller.

"Retinoids can make pores appear smaller by decreasing the clogging of pores and increasing collagen. As long as you are not pregnant or breast feeding and you can tolerate the retinoid without irritation, retinoids are a safe and healthy option," says Dr. King in an email to Bustle.

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original size after the patient stops taking the medication. So this likely isn't a long term solution.

Although there is a method that's more permanent, "You can shrink pores permanently with resurfacing laser treatments like [Fraxel](#) by increasing the production of healthy collagen. Laser resurfacing is a safe procedure with possible risks. Again, a dermatologist must carefully select and monitor patients for optimal outcomes," says Dr. King.